

**PLYMOUTH**  **DINGHY**  
**REGATTA** **2017**

**sailRacer**  
SUMMER SERIES  
"Win" or "Swim"  
10-11th June 2017



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**Plymouth 'Win' or 'Swim'**  
**Dinghy Regatta**

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**Sailing Instructions**

**Organising Authority: the Royal Western Yacht Club of England Ltd.**

# Sailing Instructions

## 1.0 RULES

- 1.1** Racing will be governed by the 'Rules' as defined in the Racing Rules of Sailing. In the event of a conflict between the Notice of Race and these SIs, the SIs shall prevail. This changes RRS 63.7.
- 1.2** Where boats are racing within the boundaries of the Port of Plymouth they are referred to the Dockyard Port of Plymouth Order 1999; a copy of which is displayed on the Regatta Official Notice Board and can be found on the QHM website ([www.gov.uk/government/groups/qhm-plymouth](http://www.gov.uk/government/groups/qhm-plymouth)) and the Plymouth Local Notices to Mariners. When the Race Committee believes that such regulations have been broken so as to bring the sport into disrepute it will act under RRS 60.2(c) requesting the Protest Committee to act under RRS 69.2(a), Allegation of Gross Misconduct.
- 1.3** The Exoneration Penalty and RYA Arbitration of the RYA Rules Disputes Procedures will be available. This procedure can be obtained on the RYA website (<http://www.rya.org.uk/racing/racing-rules/Pages/rules-disputes-process.aspx>) and will be posted on the Notice Board. The Exoneration Penalty will be a 30 % placing penalty with a minimum of three places but not greater than DNF and will be scored DPI. The Arbitration Penalty will be the same as the Exoneration Penalty, scored DPI. Scores of other boats will not be adjusted.  
This changes rules 63.1 and A5."
- 1.4** Adequate personal buoyancy must be worn by all competitors whilst afloat. Dry or wetsuits do not constitute personal buoyancy

## 2.0 NOTICES TO COMPETITORS

- 2.1** Notices to Competitors will be displayed on the Official Regatta Notice Board in the Royal Western Yacht Club and on the Regatta Website: <http://plymouth.sailracer.org>

## 3.0 CHANGES TO SAILING INSTRUCTIONS

- 3.1** Any change to the sailing instructions will be posted before 0800 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.

## 4.0 SIGNALS MADE ASHORE

- 4.1** Signals made ashore will be displayed at the RWYC Flagstaff
- 4.2** When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in the race signal AP. This changes the meaning of Flag AP in RRS.

## 5.0 SCHEDULE

### 5.1

DATE	TIME	ACTIVITY
Friday 9 <sup>th</sup> June	1700 - 2100	Registration at Royal Western Yacht Club
Saturday 10 <sup>th</sup> June	0800 – 1000	Registration at Royal Western Yacht Club
	0930	Competitor briefing
	1055	First Warning Signal 1 <sup>st</sup> race of the day. 4 average lap races scheduled
	1830	Day Prizegiving at RWYC



Sunday 11 <sup>th</sup> June	0930 1055 1530 approx.	Competitor briefing at Royal Western Yacht Club Warning Signal 1 <sup>st</sup> race of the day. 2 pursuit races scheduled Day and overall prize giving at RWYC
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- 5.2** A competitor briefing will be held at the Royal Western Yacht Club at 0930 on both Saturday 10<sup>th</sup> June and Sunday 11<sup>th</sup> June.
- 5.3** No launching allowed until flag D is raised with one sound signal.
- 5.4** There are 6 races scheduled.
- 5.5** On Saturday 10<sup>th</sup> June, no warning signal will be made after 1600 and on Sunday 11<sup>th</sup> June, no warning signal will be made after 1300.

## **6.0 GROUPS**

### **6.1 Saturday 10<sup>th</sup> (Average lap racing).**

- 6.1.1** The groups and order of starting will be posted on the Regatta Notice Board at RWYC by 09.00hrs and explained at the competitors briefing.
- 6.1.2** Groups will remain the same for each of the Saturday races.
- 6.1.3** Fleets will be designated by colours.
- 6.1.4** Competitors shall pass through the Start/Finish line at the end of each lap.

### **6.3 Sunday 11<sup>th</sup> (Pursuit Racing)**

- 6.3.1** The order of starting will be posted on the Regatta Notice Board at RWYC by 09.00 and explained at the competitors briefing at 0930.
- 6.3.2** The order of starting will remain the same for both Sunday races.
- 6.3.3** The warning signal for the first group to start will be Yellow.

## **7.0 TRACKING**

- 7.1** A numbered tracker will be allocated to each boat prior to racing on Saturday and Sunday at the race briefings. Competitors should attach the device as instructed. The trackers will also act as a tally system.
- 7.2** All trackers **SHALL** be returned after racing each day. Trackers are to be returned within 90 minutes after the last boat has finished the last race of that day. Failure to do so shall incur a 30% placing penalty for the last race finished by the boat, but not less than 5 places, nor more than 10 places or DNF whichever is less..

## **8.0 RACING AREA**

- 8.1** Racing will take place in Plymouth Sound, north of Plymouth Breakwater close to Plymouth Hoe.
- 8.2** The Committee boat is Fulmar, a white motor launch.

## **9.0 COURSES and MARKS**

- 9.1** All courses will use harbour marks, see Appendix A for chartlet.



**9.2** The marks to be used will be indicated by lettered boards displayed on the committee boat rail. The lettered boards refer to various buoys as listed in Appendix A. The letters will be white on a **RED** or **GREEN** background, indicating **PORT** or **STARBOARD** hand respectively. The boards are to be read from left to right.

**9.3** Mark A (if used) will be a yellow pillar buoy.

## **10.0 THE START**

**10.1** The start line will be between the Committee Boat Fulmar displaying an Orange Flag and an orange pillar buoy at the port end of the line.

**10.2** To alert boats that a race or sequence of races will begin soon, an orange flag will be displayed on the committee boat with one sound signal at least 5 minutes before a warning signal is made.

**10.3** Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for the other class.

## **10.4 SATURDAY HANDICAP RACES**

**10.4.1** For the first start a 5 minute start sequence will operate

<b>Time</b>	<b>Signal</b>	<b>Sound</b>
5 minutes	Group flag raised	1 sound signal
4 minutes	Preparatory Signal raised	1 sound signal
1 minute	Preparatory Signal lowered	1 sound signal
0 minutes	Group flag lowered = start	1 sound signal

For subsequent Fleets

<b>Time</b>	<b>Signal</b>	<b>Sound</b>
3 minutes	Group flag raised	1 sound signal
2 minutes	Preparatory Signal raised	1 sound signal
1 minute	Preparatory Signal lowered	1 sound signal
0 minutes	Group flag lowered = start	1 sound signal

**10.4.2** It is intended that the start signal for the first fleet will be the warning signal for the second fleet etc., however the Race Officer may alter this at their discretion.

**10.4.3** The groups subject to general recall will be started after any group yet to start. This changes Race Signals and RRS 29.2.

## **10.5 SUNDAY PURSUIT RACES**

**10.5.1** Group starting order will be posted on the official notice board after all entries have been received.

**10.5.2** For the first group a 5 minute start sequence will operate

<b>Time</b>	<b>Signal</b>	<b>Sound</b>
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5 minutes	Group flag raised	1 sound signal
4 minutes	Preparatory Signal raised	1 sound signal
1 minute	Preparatory Signal lowered	1 sound signal
0 minutes	Group flag lowered = start	1 sound signal

**10.5.3** A yellow flag will be displayed with one sound signal one minute before the second group and subsequent groups. The start will take place when the yellow flag is removed.

## **11.0 THE FINISH**

### **11.1 SATURDAY HANDICAP RACES**

**11.1.1** The finish line will be between the Committee Boat Fulmar displaying a Blue Flag and an orange pillar buoy at the port end of the line.

**11.1.2** Each handicap race is scheduled for a duration of 40 - 45 minutes.

**11.1.3** Shortly before the leading boat approaches the finish line, Flag S will be displayed on the committee boat accompanied by two sound signals. This is the shorten course signal. All boats are required to finish at the end of their current lap, regardless of the number of laps that they have completed. This adds to rule 32.

**11.1.4** After crossing the finish line all boats must sail off the racing area and not return until the last boat has finished the race.

### **11.2 SUNDAY PURSUIT RACES**

**11.2.1** The finish time will be 60 minutes after the first start. At the expiration of this time a long sound signal will be made. Each boat will continue to sail the course and finish at the finishing line next appearing at a mark of the course. SI 11.2 changes rule 32

**11.2.2** At the end of the 60 minute race time, but before boats have crossed the finish line, all boats must make every attempt to hold their positions in the fleet. i.e. no overtaking.

**11.2.3** Finishing lines will be between marks of the course and a rib or race committee boat displaying a blue flag.

**11.2.4** Boats having finished must sail clear of the race area by the shortest route.

## **12.0 PROHIBITED RACING AREA.**

**12.1** Whilst racing, boats are prohibited from entering the Controlled Mooring Area located north of Mountbatten peninsula and south of the Plym navigation channel. Boats must remain north of a line extending from the westerly mooring buoy positioned on the south side of the Plym navigation channel, east through each mooring buoy on the northern boundary of the Controlled Mooring Area and west of a line extending from the most westerly mooring buoy on the south side of the Plym navigation channel due south to the Mountbatten peninsula. The prohibited area defined above ranks as an obstruction to sea room under RRS.

## **13.0 PENALTY SYSTEM**



**13.1** Rule 44.1 is changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty.

#### **14.0 PROTESTS AND REQUESTS FOR REDRESS**

**14.1** Protest forms are available from the Regatta Office in the Royal Western Yacht Club. Protests and requests for redress or reopening shall be delivered to the regatta office within the appropriate protest time limit.

**14.2** The protest time limit is 60 minutes after the last boat has finished the last race of that day or 60 minutes after the time that the race committee signals that racing is abandoned for the day.

**14.3** Notices will be posted on the official Regatta notice board no later than 30 minutes after the protest time limit ends to inform competitors of hearings in which they are parties or named as witnesses. All parties to a hearing must assemble at the appointed time

**14.4** Notice of a hearing posted on the Regatta noticeboard will be adequate notice to competitors. This changes RRS 63.2

**14.5** Notices of protests by the race committee or protest committee will be posted to inform boats under RRS 61.1(b)

**14.6** On the last scheduled day of racing **a request for a reopening of a hearing** shall be delivered within the posted time limit if the requesting party was informed of the decision on the previous day and no later than 30 minutes after the requesting party was informed of the decision on that day. This changes RRS 66.

**14.7** On the last scheduled day of racing **a request for redress** based on a protest committee decision shall be delivered no later than 30 minutes after the decision was posted. This changes RRS 62.2

#### **15.0 SCORING**

**15.1** Two races are required to be completed to constitute a series.

#### **16.0 DISCARDS**

**16.1** (a)When fewer than 5 races have been completed, a boat's series score will be the total of her race scores.

(b)When 5 or more races have been completed, a boat's series score will be the total of her race scores, excluding her worst score.

#### **17.0 RETIREMENTS**

**17.1** Boats retiring from a race shall inform a race committee boat at the earliest opportunity.

#### **18.0 RADIO COMMUNICATION**

**18.1** Except in an emergency, a boat that is racing shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.

#### **19.0 PRIZES**

**19.1** Daily prizes and overall prizes will be awarded.

#### **20.0 RISK STATEMENT**





Rule 4 of the Racing Rules of Sailing states: “The responsibility for a boat’s decision to participate in a race or to continue racing is hers alone.”

Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:

- (a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
- (b) They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;
- (c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
- (d) Their boat is in good order, equipped to sail in the event and they are fit to participate;
- (e) The provision of a race management team, patrol boats and other officials and volunteers by the event organiser does not relieve them of their own responsibilities;
- (f) The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances.

## **21.0 INSURANCE**

**21.1** Each participating boat is required to hold adequate insurance and in particular to hold insurance against third party claims in the sum of at least £2,000,000.

## **22.0 MEDIA WAIVER**

**22.1** Competitors give their consent to the sponsors and the Organising Authority, to use their name, comments, photograph and likeness in order to promote the Plymouth Week Regatta.

## **23.0 FURTHER INFORMATION**

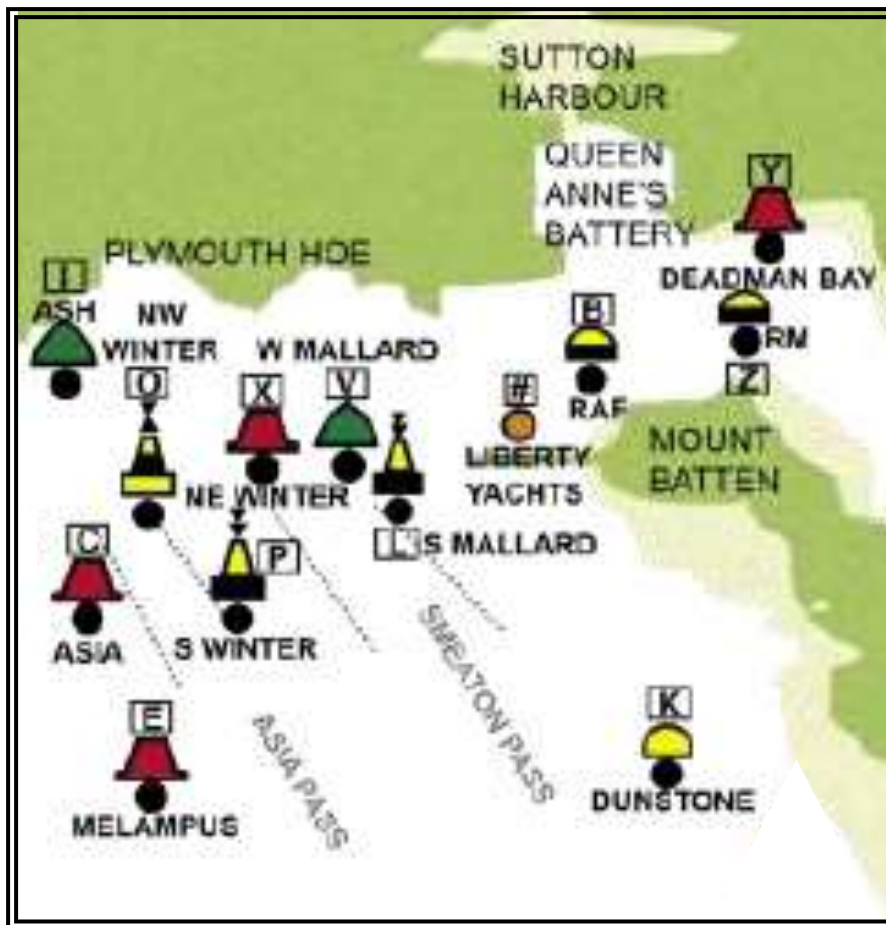
The Regatta Office can be contacted by e-mail or telephone as follows:      Email:

[rnhead@uwclub.net](mailto:rnhead@uwclub.net)

☎ 01752 364508



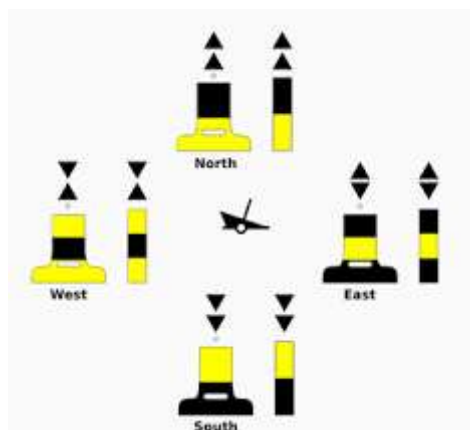
APPENDIX A:





## Mark Description

Letter Designation	Buoy	
<b>A</b>	<b>Laid inflatable Mark</b>	<b>Yellow inflatable pillar</b>
<b>B</b>	<b>RAF</b>	<b>Special mark</b>
<b>C</b>	<b>Asia</b>	<b>Red buoy</b>
<b>E</b>	<b>Melampus</b>	<b>Red buoy</b>
<b>I</b>	<b>Ash</b>	<b>Green buoy</b>
<b>K</b>	<b>Dunstone</b>	<b>Yellow buoy</b>
<b>L</b>	<b>S Mallard</b>	<b>South cardinal mark</b>
<b>O</b>	<b>NW Winter</b>	<b>West cardinal mark</b>
<b>P</b>	<b>S Winter</b>	<b>South cardinal mark</b>
<b>V</b>	<b>W Mallard</b>	<b>Green buoy</b>
<b>X</b>	<b>N E Winter</b>	<b>Red buoy</b>
<b>Y</b>	<b>Deadman Bay</b>	<b>Red buoy</b>
<b>Z</b>	<b>Royal Marine</b>	<b>Special mark</b>
<b>#</b>	<b>Liberty Yachts</b>	<b>Small orange buoy</b>



Cardinal Marks