



## SAILING INSTRUCTIONS

Sat 2<sup>nd</sup> & Sun 3<sup>rd</sup> July 2016

### 1 RULES

- 1.1 The Port of Plymouth Dinghy Regatta 2016 will be governed by the "rules" as defined by the ISAF Racing Rules of Sailing (RRS) 2013-2016 and the individual Class Association Rules relevant to each boat.
- 1.2 The Dockyard Port of Plymouth Order 1999 (DPPO) and the Plymouth Local Notices to Mariners (PLNTM) shall apply.
- 1.3 Details of the DPPO and PLNTM are available at the Race Office at the Mount Batten Centre. (MBC)
- 1.4 In particular, regulations regarding the safe navigation of large vessels shall be strictly observed. When the Race Committee believes that such regulations have been broken so as to bring the sport into disrepute it will act under RRS 60.2(c) requesting the Protest Committee to act under RRS 69.2(a), Allegation of Gross Misconduct.
- 1.5 The Exoneration Penalty (and the Advisory Hearing and RYA Arbitration) of the RYA Rules and Disputes procedures will be available. This is the preferred method of resolving disputes. See the official notice board or website for details.
- 1.6 Whilst measurement certificates will not be required it is expected that all competitors will comply with the spirit of their Class Association Rules and Sailing Instructions.

### 2 PROHIBITED AREAS

- 2.1 Boats, whilst racing, are prohibited from entering the Controlled Mooring Area located north of Mountbatten peninsula and south of the Plym navigation channel. Boats must remain north of a line extending from the most westerly mooring buoy positioned on the south side of the Plym navigation channel east through each mooring buoy on the northern boundary of the Controlled Mooring Area and west of a line extending from the most westerly mooring buoy on the south side of the Plym navigation channel due south to the Mountbatten peninsula. This prohibited area ranks as an obstruction to sea room under RRS.
- 2.2 Boats when racing shall not pass between Drake's Island and Mount Edgcumbe.
- 2.3 Boats who fail to comply with either 2.1 or 2.2 will be disqualified without hearing. This changes rule 63.1.

### 3 SIGNALS

- 3.1 Signals made ashore will be displayed on the MBC Flagstaff.

### 4 NOTICES TO COMPETITORS

- 4.1 Notices to competitors will be posted on the Official Notice board in the Race Office at MBC.
- 4.2 Any change to the sailing instructions will be posted by 0900 on the day it will take effect. Any change to the schedule of races will be posted by 2000 on the day before it will take effect.

### 5 SCHEDULE OF RACES

- 5.1 The Schedule of Races is shown in Table 1.

**Table 1: Schedule of Races**

<b>Date</b>	<b>Time</b>	<b>Notes</b>
Saturday 2nd July	0900	Regatta briefing at MBC There will be a separate briefing for the Rookie Fleet
	First Warning Signal: 1055	Up to 3 races back-to-back
Sunday 3rd July	First Warning Signal: 0955	Up to 3 races back-to-back
	1500 approx	Prize Giving at MBC
Rookie Fleet will sail up to 3 races per day and will return to shore for lunch on both days. Full details will be given at the daily briefings.		

## **6 CLASSES AND CLASS FLAGS**

- 6.1 A list of classes, warning signals and start times will be displayed on the regatta notice boards at the MBC and posted on the Regatta Website after 2000 on Friday 1<sup>st</sup> July 2016. Copies will be available at the Regatta Office.
- 6.2 The Race Committee retains the right to place slow asymmetric boats in the appropriate handicap dinghy class.
- 6.3 If six or more entries of the same class are received by 1800 on Thursday 30<sup>th</sup> June 2016 (or later at the discretion of the RC) a separate class may be established.

## **7 DISTINGUISHING NUMBERS**

- 7.1 Except with the prior written approval of the RC, changes in distinguishing numbers will not be allowed and a boat having distinguishing numbers which are different from those on her measurement certificate or entry form will be disqualified. This SI constitutes prior warning under RRS G4 in respect of the number used in the race area.

## **8 RACING AREA**

- 8.1 Two race areas are planned for the Asymmetric, Fast Handicap and Laser fleets within Plymouth Sound and approaches:
- *Area K1: North of the Breakwater*
  - *Area K2: South of the Breakwater*
- 8.2 The race area to be used will be indicated by Flag K and either Numeral 1 or Numeral 2. These flags will be flown from the MBC mast at least one hour before the published first start of the day.
- 8.3 The remaining fleets will race North of the Breakwater.
- 8.4 This may be varied by the Race Committee, subject to entries. Full details will be broadcast at the Competitors Briefing.

## **9 COURSES & MARKS**

- 9.1 Courses will be as shown in Appendix A - Courses.
- 9.2 The number of rounds to be sailed will be displayed on the Committee Vessel, where appropriate.
- 9.3 Marks will be black for the Asymmetric, Fast Handicap and Laser course and yellow for the Slow Handicap course. Marks for the Rookie Fleet will be red.
- 9.4 The course will be shortened, if necessary, at Mark 3. Flag S will be displayed from the Committee Boat with appropriate sound signals. Flag S may also be displayed from a safety boat adjacent to Mark 3. When displayed, boats are to leave Mark 3 to Port and sail immediately to the Finish Line. When displayed with a Class flag, Shortened Course will apply to that class only. This changes RRS 32.2.

## **10 THE START**

- 10.1 The start line will be between the mast displaying an orange flag on the Committee Vessel and the Outer Distance Mark.
- 10.2 The Outer Distance Mark will be a Dan Buoy with an Orange flag.

## **11 RECALLS**

- 11.1 Recalls will be signalled in accordance with RRS 29.

- 11.2 If a start is subject to a General Recall, the restart for that class will be at the end of the start sequence and form part of the sequence. If more than one start is recalled, the restarts will be in the order that the Recalls occurred. This changes RRS 29.2

## **12 THE FINISH**

- 12.1 The Finish Line will be between the mast displaying an orange flag on the Committee Vessel and the Outer Distance Mark.
- 12.2 The Outer Distance Mark will be a Dan Buoy with a Blue flag.

## **13 TIME LIMITS**

- 13.1 The target time for all races is 50 minutes.
- 13.2 The time limit for the leading boat is 75 minutes.
- 13.3 Within each class any boat which does not finish within 15 minutes of the lead boat may be recorded as DNF.
- 13.4 The expiry of the time limit will be indicated by the displaying of the AP flag with the appropriate class flag, accompanied by two sound signals.

## **14 RETIREMENTS**

- 14.1 Boats retiring shall report their retirement to the nearest rescue / safety boat, to the Race Committee on the Committee Vessel or at the Regatta Office as soon as possible, and in all cases within 1 hour of finishing or retiring. Boats failing to do so may be subject to protest by the Race Committee.

## **15 ALTERNATIVE PENALTIES FOR BREAKING RULES IN RRS PART 2**

- 15.1 Rule 44.1 applies.

## **16 PROTESTS (This changes RRS 61.1(a) and RRS 61.3)**

- 16.1 Competitors must inform the Committee Boat of their intention to protest or seek redress before the warning signal for the next race or immediately after finishing the final race and receive an acknowledgement, for the protest to be valid.
- 16.2 Protests shall be made in accordance with RRS 61, and shall be lodged, in writing, at the Regatta Office not later than 90 minutes after the finishing time of the last boat in the final race of the day.
- 16.3 All parties to an arbitration hearing, redress request or a protest hearing should assemble at the Regatta Office 30 minutes after the time limit for the lodging of protests. Arbitration hearings will take place immediately, followed by requests for redress and then protest hearings.

## **17 SCORING SYSTEM**

- 17.1 Two races are required to be completed to constitute a series. 6 races are scheduled for the Regatta.
- 17.2 When 4 races or fewer have been completed, a boat's score will be the total of her race scores. When 5 or more races have been completed then each boat will be allowed one discard.

## **18 RESULTS**

- 18.1 Results will be displayed at MBC following each day's racing.

## **19 PRIZES**

- 19.1 Prizes will be awarded as published in the Notice of Race.

## **20 RADIO COMMUNICATIONS**

- 20.1 A boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.

## **21 SAFETY**

- 21.1 All competitors must wear a wetsuit or drysuit and a personal flotation device at all times when afloat. Neither a wetsuit nor a drysuit alone constitutes adequate buoyancy. This changes RRS 40.
- 21.2 Competitors must obey instructions from the organisers and safety boats. Any instruction given by any safety boat, police boat, coastguard boat, military vessel or pilot boat must be obeyed immediately and without question. This may include an instruction to stop racing temporarily or to alter course to allow a large vessel to pass through the race course. Any such instruction will not be grounds for redress.

21.3 Boats who fail to comply with S.I. 21.2 will be disqualified without hearing. Further breaches of this rule may result in disqualification from the complete series. This changes rule 63.1.

21.4 When the Race Committee believes that S.I. 21.2 has been breached so as to bring the sport into disrepute it will act under RRS 60.2(c) requesting the Protest Committee to act under RRS 69.2(a), Allegation of Gross Misconduct.

## 22 RISK STATEMENT

Rule 4 of the Racing Rules of Sailing states: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone." Sailing is by its nature an unpredictable sport and therefore involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:

- a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
- b) They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;
- c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
- d) Their boat is in good order, equipped to sail in the event and they are fit to participate;
- e) The provision of a race management team, patrol boats, umpires and other officials and volunteers by the organiser does not relieve them of their own responsibilities;
- f) The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances;
- g) Their boat is adequately insured against third party claims.

## 23 PUBLICITY WAIVER

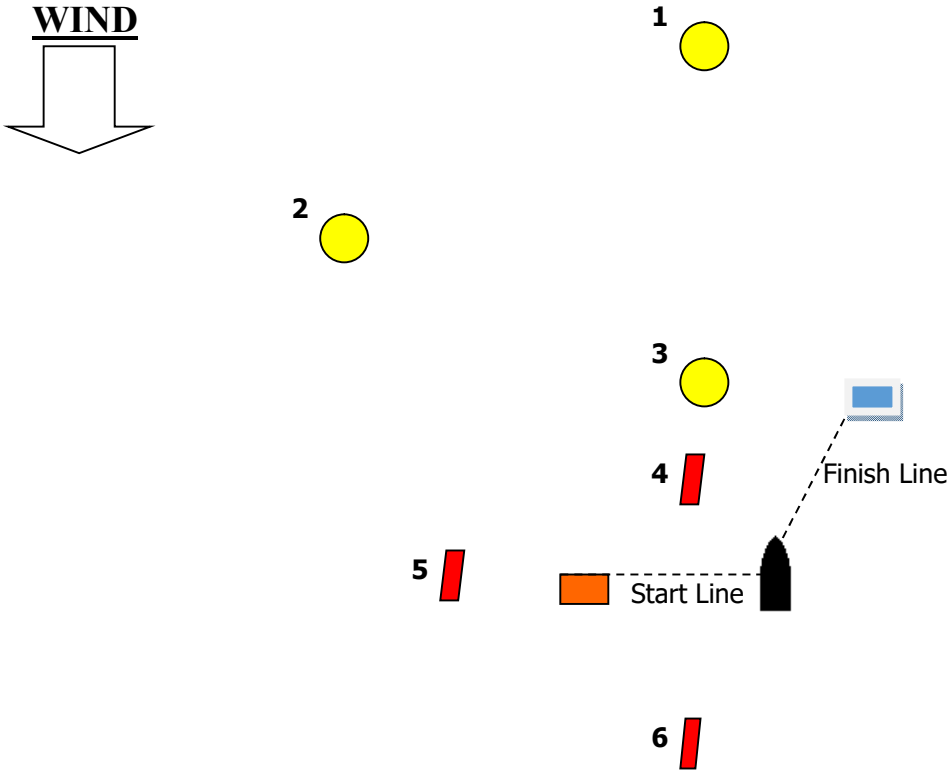
By participating in the regatta, competitors automatically grant the Organising Authority, the event sponsors and its agents, the right in perpetuity, to make, use and show, from time to time and at their discretion, any motion pictures, still pictures and live, taped or filmed television and other reproductions of him/her during the period of the event in which the competitor participates and in all material related to the event without compensation. The competitor also grants the Organising Authority, the event sponsor and its agents, the right in perpetuity, to publish details of the competitor on the internet.



**Appendix A - Courses**

**Inner Course**

*Main Fleet* Start 1, 2, 3, 1, 3, 1, 2, 3, Finish Marks to Port  
*Rookie Fleet* Start 4, 5, 6, Repeated, Finish. (Ave Laps) Marks to Port



**Outer Course**

*Asymmetric Fleet* 4, 3 (Rounds to be displayed), Finish Marks to Port  
*Main Fleet* Start 1, 2, 3, 1, 3, 1, 2, 3, Finish Marks to Port

